



2026-27 Season

TRI TOWN LADIES

Wednesdays @ 1pm, 4 per team

Open to all adult women, practice 12:50pm

Free Day: Sept 2nd @ 1pm

Start date: Sept 9th @ 1pm

Runs: 33 weeks

Cost: \$15* per week

* Subject to change

Scan this code to
signup online:



Detach the form here and submit to the front desk.

Name: _____ Phone: _____

Address: _____

Email: _____ Full Team: Yes or No

I'd like to bowl with: _____

OFFICE: WEDNESDAYS - Tri Town Ladies

4 Bethlehem Ct., Delmar, NY | 518-439-2224 | BowlDel.com